Question: If I have a Arduino IDE and a Arduino UNO, I want to be flexible in the way of programming it.
 For example I want to use mySmartUSB light programmer or my USB cable connected to the 8u2 Chip on the UNO-Board.
Questions I couldn't reach my arduino anymore with USB:
Reason: When programming with ISP you overwrite the Bootloader.
For uploading again a bootloader you can use the mySmartUSB ligth and upload it with avrdude. Then the Arduino is again reachable

Option1:
Program Sketch with ISP
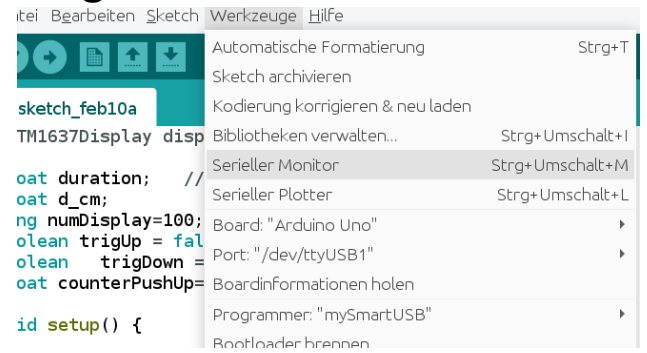
‚Hochladen mit Programmer'

Option 2:
Programm Sketch with USB

1.) Make sure to program a bootloader onto Arduino

11-02-2023

← **error** with no bootloader

You can download **optiboot** and flash it with ISP onto Arduino
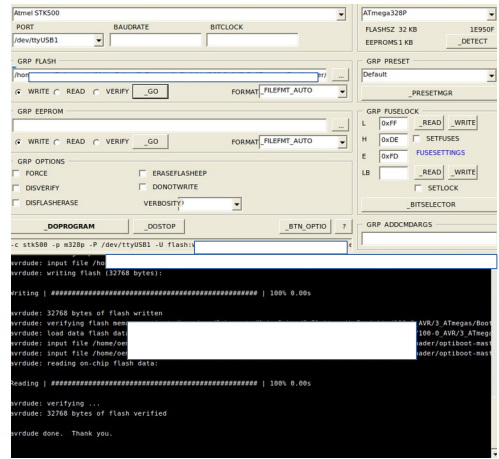
2.) For USB-upload just choose the right port. The „programmer „ is not important